

Other sources have 8–bar 2nd strain, + 2 extra bars.

The 1st Cu. sett to each other then cast off and go half the Figure then cast off again into the 2d Cu. Place Improper .| Then the 2d Cu. do the same :| Then all four cross over and give a Jump then Face to Face and Jump again and Back to Back with your Partner the 1st Man and 2d Wo. meet then take right and left Hands the 2d Man and 1st Wo. do the same .| Then go quite round Hands a cross which will bring the 1st Cu. into the 2d Cu. Place :|